



NO MATTER WHO YOU ARE



YOU CAN GET SUPPORT FROM SmokefreeVET TEXT

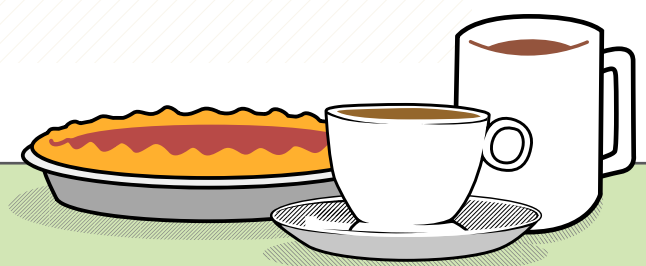


ANYTIME, DAY OR NIGHT

YOU'RE IN THIS FOR THE LONG HAUL—AND WE ARE, TOO.

Getting help can boost your chances of quitting tobacco for good. Sign up for SmokefreeVET Text* and get supportive text messages when you need them most. Text **VET** to **47848** or go to smokefree.gov/vet.

*Standard text messaging rates apply.



VA



U.S. Department of Veterans Affairs

 **smokefreevet**